

## Depression – Questions by Topic (MCQ)

**Q1.**

Below are four evaluative statements about the cognitive behaviour therapy. Which statement is correct?

Shade **one** box only.

Cognitive behaviour therapy...

- |   |                          |
|---|--------------------------|
| <b>A</b> can only be used in group situations.            | <input type="checkbox"/> |
| <b>B</b> allows the client some control over the therapy. | <input type="checkbox"/> |
| <b>C</b> has many side effects.                           | <input type="checkbox"/> |
| <b>D</b> does not need a trained therapist.               | <input type="checkbox"/> |

**(Total 1 mark)**